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Stereotactic Breast Needle Biopsy

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What is Stereotactic Breast Needle Biopsy?

During a Stereotactic Breast Needle Biopsy, small samples of tissue are removed from the breast using a hollow needle which is precisely guided to the correct location using x-rays and computer automation.

Radiology Regional was the first center in the area to receive accreditation from the American College of Radiology for Stereotactic Breast Needle Biopsy and Mammography. These advanced techniques are ideally suited to Radiology Regional Center's outpatient setting.

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What can I expect during the procedure?

During the exam you will be lying on your stomach on a specially designed padded table with your breast placed through a hole in the tabletop. Your breast will be slightly compressed and held in position during the procedure. The skin of the breast will be anesthetized and a needle will be guided to the precise location. You may feel slight pressure, but you should not experience any significant pain.

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How do I prepare for the procedure?

- Do not take any of the following for 3 days prior to biopsy:
 - Aspirin or anything containing aspirin
 - Anti-inflammatory medications (i.e. for arthritis, rheumatism, etc.)
 - Coumadin
 - Vitamin E
- You may eat and drink as normal
- Bring or wear a sports bra to help with compression and comfort after the procedure

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What can I expect after the procedure?



Following the procedure, you may have tenderness at the site of the biopsy or bruising of the skin for several days.

In almost all instances a simple Band-Aid will suffice as a dressing, and a cold pack can be used to relieve swelling or bruising.

A mild analgesic such as Tylenol also can be used to relieve any discomfort. You will be able to return to most of your normal activities following the procedure.

If you notice any bleeding, swelling, redness or heat, please call our Fort Myers/ Cape Coral offices at **239.936.2316** or our Naples office at **239.430.1400** and ask for one of the radiologists or biopsy technologists.

The final results from your biopsy are usually available from your referring physician two business days following the procedure.

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Where is this procedure offered?

- [Winkler Road, Fort Myers](#)
- [Del Prado Boulevard, Cape Coral](#)
- [Goodlette Road, Naples](#)

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Related Topics

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